

Menkora STEAM



Empowering Women in STEAM

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**AIMS, IMPACT
AND WHAT
PARTICIPANTS
HAVE TO SAY**



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BRINGING THE MENTORASTEAM PROJECT TO A CLOSE...



THE PROJECT & ITS AIMS

We are proud to say that the MentoraSTEAM Project is coming to a close after much success. This project was carried out with the aim to empower highly skilled foreign-born women in the STEAM sector by helping them develop self-efficacy, confidence, and soft skills through comprehensive training. The project has helped women from multiple countries and educational backgrounds.



A BIT ABOUT THE PARTICIPANTS:

A total of 102 participants successfully completed the training: 18 being from Spain, 44 from the UK, 20 from Italy and 20 from Finland.

Another 130 participants joined the projects as well.

Participants were mainly from Asia and North America, specifically: Mexico, Peru, India, Nigeria, Tunisia and Morocco.



THE TRAINING PILOT



WHERE IT TOOK PLACE AND WHAT WAS COVERED

The Pilot training consisted of 4 modules covering topics such as:



Confidence building and self-efficacy
(Module 1)

Innovation in personal branding
(Module 2)

**Adaptation of one's own skills to the
working culture of the host country**
(Module 3)

**Exploring the benefits of
entrepreneurship and self-employment**
(Module 4)

**PARTICIPANTS' FEEDBACK ON THE
TRAINING SESSIONS WAS HIGHLY POSITIVE
REACHING A SATISFACTION RATE OF
NEARLY 100%!**

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PROJECT RESULTS

The majority of participants expressed strong satisfaction with the training sessions and the facilitation.



Here's what participants expressed:

96% said that the pilot training sessions met their expectations

70% were highly satisfied with the teaching methods used within the training

84% said the training sessions gave them new perspectives and new ideas

96% felt strongly motivated in applying what they learned to their future endeavours



86% said that the trainers were good at addressing their questions

70% stated that they developed their knowledge through the training

87% said they found the training beneficial overall

TESTIMONIALS

"It was an awesome opportunity to reflect on issues that I had not thought about before."

"**Thank you** for all the psychological and moral support that encouraged me to do more."



"I think the program was very well designed."

"Really thought provoking questions, really helpful to get me thinking about where I want to take my career next and looking at my current role and my currently unused skills. **Thank you.**"